



The Family Guide

Welcome to The Family Guide !

Here we have gathered the operations that offer support to children, youth and families in Vellinge Municipality. You who are a parent, a carer or a child between 0-20 years can via The Family Guide find the operations you wish to know more about and get in contact with. Under the respective operations there is a link with more information and contact information. In addition to the municipality's own operations there are also links to relevant functions within Region Skåne.

Are you unsure about who or which operation you should contact? Then you are warmly welcome to contact our child coordinator, who will guide you.

barnkoordinator@vellinge.se / 040-42 50 00



0 - 20 years of age

Advice- and Support Counseling

With a social worker at the Family centers (Familjecentralerna) or at the Youth central (Ungdomscentralen) you have the opportunity to get anonymous and free advice- and support counseling.

[Advice- and support counseling](#)

The Family Team

The Family Team offers family treatment around for example relationship-, behavioral-, and communication problems.

[Family Treatment](#)

Carer Support

Child group – carer support is offered to children between 7-12 years old, who live in families where abuse or emotional illness occurs. Carer support is also offered via the Youth Central both for parents and youths who have concerns about a close relative with abuse problems.

[Family Treatment](#)

[The Youth Central](#)

Family Law

The Family Law offers cooperation conversations which focuses on what is best for the child and aims to help parents towards better cooperation and a long term sustainable agreement based on the child's needs. Advice- and support counseling is also offered via phone for couples who have separated or facing a separation. Parent education, BIFF (Children in Parents Focus) are geared towards parents who have separated and gives knowledge about supporting parenthood towards children who have experienced or are in a parental conflict.

[Cooperation Conversations](#)

[Parent Education](#)

Family Counseling

Family counseling is for couples, parents and families who are in crisis or who need help and support in their close relationships.

[Family Counseling](#)

Social Services

Parents can turn to the social services for children and families if they are worried about their child or young person or they themselves feel that they want to improve/change their parenthood.

[Application for Help for Children and Youth](#)

Help in case of violence and abuse

It is never okay to be exposed to violence or abuse. If you are exposed to violence or abuse by anyone in your family, school or other place, you can get support and help.

[Violence and Abuse](#)

LSS for children with disabilities

For you who have children that needs efforts according to LSS, (The Swedish Act concerning Support and Service for Persons with Certain Functional Impairments),

[Care and Support](#)

Safety Officers

The safety officers work to increase safety, prevent unwanted events and reduce crime. The outreach work involves preventing problems before they occur and by that increase the perceived safety in the municipality.

[Safety Officers](#)

BUP (Kids and Youth Psychiatry)

If your child feels bad, the kids- and youth psychiatry can help with counseling, inquiry and treatment.

[Psychiatry Skåne](#)

0 - 6 years of age

Family Centers in Vellinge and Höllviken

At our two family centers in Vellinge and Höllviken there are several operations for parents and their children under the same roof. The open preschool, sociologist, children health care (BVC) and maternal health care (MVC). At the family centers there is also an opportunity to attend parent education.


[Family Centers](#)

[Parent Education](#)

Child Health in Preschool

The Student Health offers medicinal, psychological, social and special educational competence. You can get in contact with us via the students' school.

[Preschool and School](#)



6 - 16 years of age

The Youth Central

Sometimes it can feel good to have contact with an outsider adult for guidance and support about something that is troubling in life. You can also turn here with questions about drugs and abuse. It can apply to yourself, a friend or a family member.

[The Youth Central](#)

Student Health

The Student Health offers medicinal, psychological, social and special educational competence. You can get in contact with us via the students' school. Student- and career counselors belong to the central student health and can support you who have questions or thoughts about studies, occupations and the labor market.

[Student Health](#)

[Student- and Career Counseling](#)

The Youth Clinic

The Youth clinic in Vellinge belongs to Region Skåne and offers youths from 12 years of age help with questions about the body, sex or contraceptives. Here you can also get support if you are feeling bad and need someone to talk to.

[The Youth Clinic Vellinge](#)

The First Line

Region Skåne's First Line-clinics offers help in the early stages of mild mental illness in children and youths between 6 and 17 years of age.

[The First Line](#)

13 - 20 years of age

The Youth Central

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[The Youth Central](#)

Youth Recreational Centers

There are four youth recreational centers in Vellinge municipality, that are open meeting places for all youths in the municipality between 12 and 19 years of age. The youth leaders that work at the recreation centers are also engaged in field work, which means supporting and guiding our youths in their daily deeds, and reaching out to the youths at their natural meeting places.

[Youth Recreational Centers](#)

[The Field Group](#)

Elevhälsan

The Student Health offers medicinal, psychological, social and special educational competence. You can get in contact with us via the students' school. Student- and career counselors belong to the central student health and can support you who have questions or thoughts about studies, occupations and the labor market.

[Student Health](#)

[Student- and Career Counseling in Compulsory School](#)

[Student- and Career Counseling at Sundsgymnasiet](#)

[Student- and Career Counseling for you who have not attended upper secondary school](#)

[Student- and Career Counseling for you who are 20+](#)

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[The Youth Clinic Vellinge](#)